Chronic Disease is a major challenge
Prevention is better than cure, but …
Constitutional
Genetic, Functional, Structural

Individual behaviour
Diet, Physical Activity, Substance Use, etc

Settings & organisation
Home, Work, Community etc

Societal
Cultural, Social, Economic, Environmental

General population

Chronic self managed
Usual care

Complex chronic
At high risk of hospitalisation, frequent primary and secondary care users

Complex, Chronic & acute
Frequent hospital, primary & secondary care users
GLOBAL THREAT WAITING AREA

OBESITY

BIRD FLU

GLOBAL WARMING
We need a new systems wide approach
Community
Resources and policies
Self management support

Health system
Health system organisation
Delivery System
Design
Decision support
Clinical information system

Informed activated patient
Prepared proactive practice team

Improved outcomes
Chronic disease assessment and planning items cost almost $800 million per annum.
Cumulative 5 year % reduction in incidence

- End stage kidney disease
- Amputation
- Advanced eye disease (Proliferative retinopathy)
- Myocardial infarction
Recommendations for reform
Regional systems management

Performance framework

Financial incentives

Service innovation

Integrated services

Better outcomes