

Making better services for people with psychosocial disability



Easy Read

About this information



The **Grattan Institute** made this information.



The **Grattan Institute** does lots of **research**.



Research means we look into things to find out more about them.



We did research about support for people with **psychosocial disability**.



Psychosocial disability is when a mental health challenge makes it hard for you to do things.



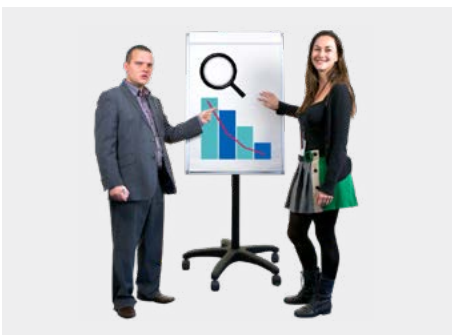
We looked into what can be better for people with psychosocial disability.



We used what we found out to make **recommendations**.



Recommendations say what we think should happen to make things better.



This information will tell you about our research and what our recommendations are.

About our research



We found out many people with psychosocial disability do not get enough support.



There are lots of people who can not get support from the NDIS.



There are also not enough **community mental health services** outside of the NDIS.



Community mental health services are things like

- Support to learn skills to live on your own
- Group activities to support people to make and keep friends.

People who do not get enough support might



- Lose their home and have nowhere to live



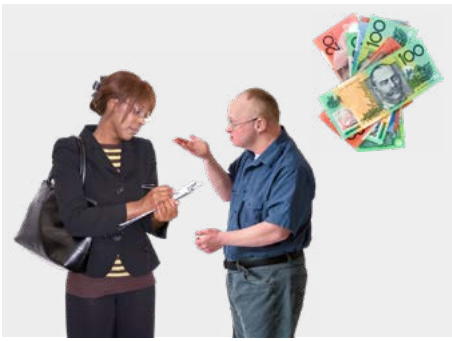
- Go into hospital



- Have trouble being part of things when they live in the community.



This makes it hard for services like hospitals that are already very busy.



We found that the NDIS has given a lot of money for psychosocial disability support.



But these NDIS services do not always help people stay well.



Support from other services is not the same across Australia.



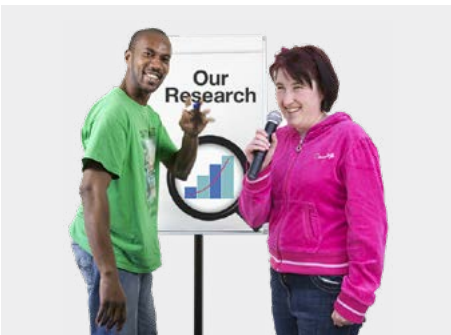
There are not enough good services in some places.



We found there needs to be more and better services for people who do not get the NDIS.



This would mean more people get support and the NDIS works better too.



We need more research on the best support for people with psychosocial disability.



Governments say they want to make services that help with things people need to stay well.



But the work has stopped because the different governments could not work together well.



Disability and mental health services need to work better together.



We will now say what things we want to happen.

1. Make a new program



We want a new program in Australia to support people with psychosocial disability.



It would be called the **National Psychosocial Disability Program**.



The program would be for people who can not get the NDIS.



Disability and mental health services need to work better together.

2. Make services better for everyone



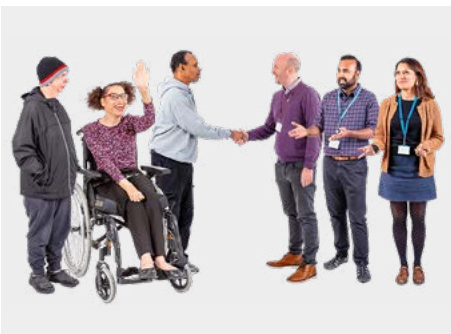
We want there to be better services for people everywhere in Australia.



We want services to be right for what each person needs.



People should have someone who can support them to find and use the services they need.



Services in each State that are not the NDIS need to work in a better way.



We want there to be enough services for all the things people need.



We want there to be services that are just for Aboriginal and Torres Strait Islander people.

3. All governments work well together



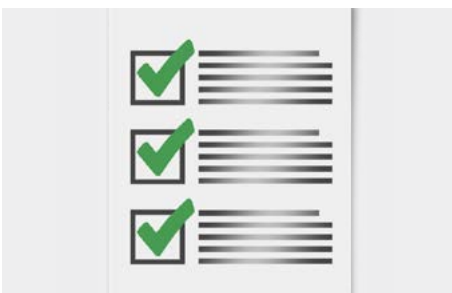
We want all the governments to work well together.



We want them to make a new program for people with psychosocial disability.



The different governments should work together to run the program.



We want them all to work on the same type of goals.



People with psychosocial disability should work with government to run the program.

4. Making the program work



We want the **Primary Health Networks** to run the new program everywhere in Australia.

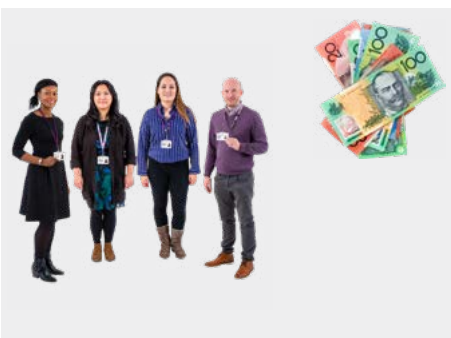
We will say **PHNs** for short.



PHNs are organisations that help plan what health services there are in their areas.



We want PHNs to work together with other services in their area.

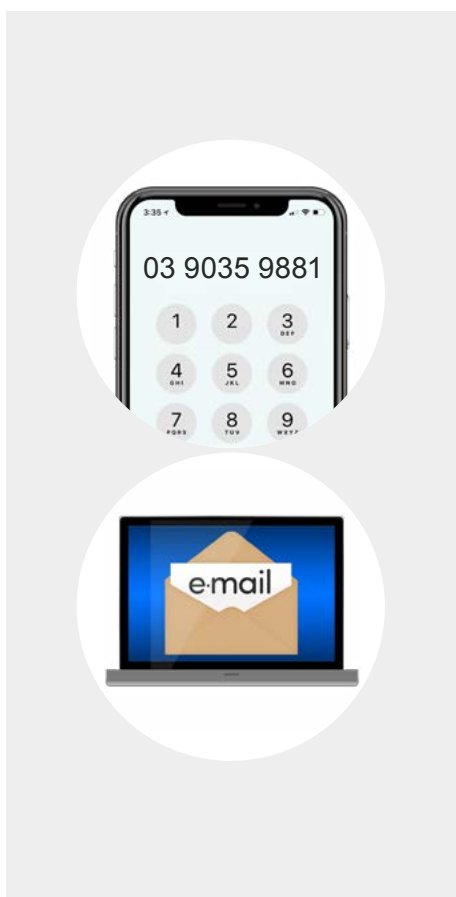


We want them to work together to use money from the program to give supports people need.

More information



You can contact the Grattan Institute if you have questions about this report.



You can

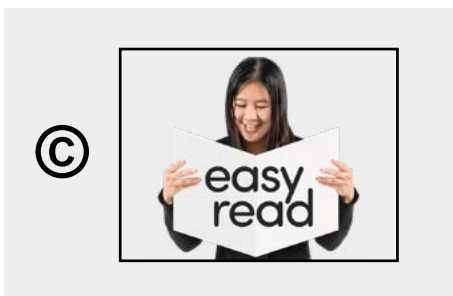
- Call us on **03 9035 9881**

- Send an email to **info@grattan.edu.au**

Who did this Easy Read



CID made this information for the **Grattan Institute**.



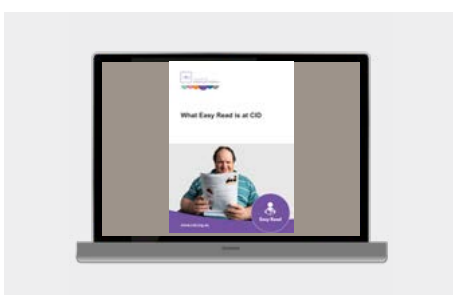
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